



Member Newsletter

WINTER NEWSLETTER
ISSUE 107



Season's Greetings

from Jai Medical Systems

Dear Friend,

This holiday season, we want to take a moment to thank you for your continued membership with Jai Medical Systems, one of the highest-rated Medicaid Health Plans in Maryland, according to the 2025 MCO Report Card. **You made a smart choice!**

As always, at Jai Medical Systems, we want to help you and your family *live life well*. In an effort to promote wellness this Winter season, we would like to take this time to remind you about the importance of staying up to date with preventative healthcare by visiting your Primary Care Provider (PCP), and the importance of receiving immunizations such as the flu shot. By doing this, you will increase your chances of staying healthy this winter season, and you may even earn your Healthy Reward.

Remember, it is not too late to earn your 2025 Healthy Reward! To earn your Healthy Reward for 2025, please visit your PCP for your annual physical before the end of the year. For assistance with scheduling an appointment with your PCP, please contact us today at 1-888-JAI-1999.

Wishing you a joyful and healthy holiday season!,

Ulysses McArthur Jr.

Ulysses McArthur Jr.
Manager, Customer Service

PS. Be on the lookout!

Healthy Rewards Program for 2026

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Contact Us

Hours of Operation: Monday through Friday, 9am to 6pm
Phone: 1-888-JAI-1999

(1-888-524-1999)

Mail: 301 International Circle
Hunt Valley, MD 21030

Web: jaimedicalsystems.com



January is

CERVICAL CANCER AWARENESS MONTH



As we get ready to enter the New Year, we would like to take this opportunity to remind our members about the importance of women's health and regular cervical cancer screenings. About 11,500 new cases of cervical cancer are diagnosed in the U.S. every year. Regular cervical cancer screenings can lead to early treatment and recovery if you are diagnosed with this condition.

What is Cervical Cancer?

Cervical cancer is a growth of cells that starts in the cervix. The cervix is the lower part of a women's uterus.

What causes Cervical Cancer?

Most cervical cancers are caused by a sexually transmitted infection (STI) called human papillomavirus (HPV). HPV can infect the cells in the cervix to cause cancer. Other factors may also increase your risk for cervical cancer and HPV. These risk factors are:

- Smoking and tobacco use
- Weak immune system
- High number of sexual partners
- Other STIs

What is the Screening Process for Cervical Cancer?

A cervical cancer screening involves two tests: an HPV test and a Pap smear. The HPV test checks your cells for the HPV. The Pap smear checks for abnormal cells. These tests can be completed by your Primary Care Provider. These tests can also be completed by specialists including gynecologists, OB/GYNs, and other women's health providers.

What Are the Screening Guidelines for Cervical Cancer?

Ask your Primary Care Provider today about when to get a cervical cancer screening. Your provider can recommend a schedule based on your medical history.

Need help scheduling your Cervical Cancer Screening?

Jai Medical Systems can connect you with a women's health provider or your primary care provider for this important screening, so contact us today at 1-888-524-1999. Our friendly and knowledgeable Customer Service representatives are available Monday through Friday, 9am to 6pm.



PREGNANT? Or think you may be pregnant?

Jai Medical Systems offers comprehensive support services for our pregnant members, including case management, transportation to prenatal visits, our *Healthy Moms VIP Rewards Program*, and more.

In addition, our pregnant members have no co-payment for prescription drugs. If you are pregnant, or think that you may be, please reach out to us today at 1-888-524-1999, so that we can link you with a Case Manager and other important support services during this time.

NEW YEAR TO-DO

MAINTAIN COVERAGE

Jai Medical Systems cares about your health, and we want to make sure you are aware of how important it is to renew your Medicaid benefits when you are notified it is time to do so. By completing your redetermination application in a timely manner, you can ensure your Medicaid benefits with Jai Medical Systems continue without interruption.

To renew your benefits *before your eligibility end date*, please visit the Maryland Health Connection website at www.marylandhealthconnection.gov.

If you need assistance renewing your coverage, Certified Application Counselors and Navigator entities are available to assist you, including at the following independent participating medical centers, Monday through Friday, 9am to 6pm:

- **Jai Medical Center**
1235 E. Monument Street, Baltimore, MD 21202
- **Jai Medical Center**
4340 Park Heights Avenue, Baltimore, MD 21215
- **Jai Medical Center**
5010 York Road, Baltimore, MD 21212

If you have any questions regarding how to renew your health insurance benefits with Jai Medical Systems, please call us today at 1-888-JAI-1999.

HEALTH EDUCATION SCHEDULE

Jai Medical Systems is pleased to share our Health Education Schedule for January 2026. We will be starting the new year with two sessions for our members related to establishing healthy habits to manage weight. Our health education classes are offered both in-person at participating primary care medical centers as well as online!

- **January 7, 2026, 11am:** *Healthy Habits to Manage Your Weight*
- **January 14, 2026, 11am:** *Breathe Easy: Understanding and Managing Asthma*
- **January 21, 2026, 11am:** *High Cholesterol Management*
- **January 28, 2026, 11am:** *Healthy Habits to Manage Your Weight*

Interested in attending classes in-person? Contact us today at 1-888-JAI-1999 or register by scanning the QR code to the right. Walk-in participants are always welcome! Unable to attend in-person? Join virtually by registering via the QR code located to the right.

IMPORTANT

REMINDERS

Jai Medical Systems will be closed on December 25, 2025, and January 1, 2026. While our offices will be closed on these days, there are many resources that will be open and available to our members including our Nurse Advice Line and certain providers.

Urgent Care

Participating urgent care centers, **Patient First** and **Express Care**, will be open on Christmas and New Year's Day. Please check out their website for their operating hours.

24/7 Nurse Advice Line

As a member of Jai Medical Systems, you have access to our 24-Hour Nurse Advice Line. To speak with a Nurse today, please call 1-833-359-0170.

PCP After-Hours Care

To contact your Primary Care Provider after hours, please contact the office number located on the front of your Member ID Card.

Emergency Room (ER)

The ER is meant for serious, urgent, life-threatening situations or conditions. If you feel your symptoms are life-threatening, please call 911.



Winter Fun

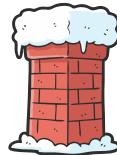
WHAT AM I?

How to Play: Choose an object below to match with each clue.

1. Want to head down the hill in the snow? I may be useful! *What am I?*
2. I'm cozy and warm, with sleeves for arms. I'm worn in winter to keep you from harm. *What am I?*
3. I'm cold and clear, hanging from roofs in winters cheer. *What am I?*
4. I'm white and cold and pile up high. People shovel me from driveways, oh my! *What am I?*
5. Please make sure I am clean and clear on Christmas Eve for Santa's arrival. *What am I?*



SNOW



CHIMNEY



SLED



COAT



ICICLE



301 INTERNATIONAL CIRCLE
HUNT VALLEY, MD 21030

HOUSEHOLD NAME
ADDRESS ONE
ADDRESS TWO
CITY, STATE, ZIP