

FEBRUARY 2026

**THANK
YOU!**

HEALTHY REWARDS

Did you know that February is **Member Appreciation Month** at Jai Medical Systems? This is our time to celebrate you, our members, for choosing us as your health plan.

In celebration and appreciation of your membership, you should have received your very own **Certificate of Appreciation** in the mail, highlighting your years of membership with our health plan. We hope that you will cherish your certificate and put it in a place of honor.

Thank you for being a valued member of Jai Medical Systems, one of the highest rated Managed Care Organizations in Maryland. You made a smart choice!

We are happy to announce that **Healthy Rewards 2026** is here!

To earn your Healthy Reward* this year, spring into action and visit your Primary Care Provider (PCP) for your annual physical. After you have received your physical, complete your Healthy Rewards Redemption Certificate online at <https://jaimedicalsystems.com/>.



Please see your PCP as soon as possible, as Healthy Rewards quantities are limited. For assistance scheduling an appointment, please call our Customer Service Department today at 1-888-JAI-1999.

*Jai Medical Systems reserves the right to eliminate or reduce incentives/rewards and/or modify or cancel the Healthy Rewards Program at any time without notice. Rewards are not convertible to cash. Limitations and exclusions apply. Offer valid while supplies last. Eligibility to receive a reward is contingent on Jai Medical Systems receipt of confirmation from your PCP that you had your annual visit in 2026.

COMPLETE YOUR SURVEY

In February, you may receive a national survey in the mail called the Consumer Assessment of HealthCare Providers and Systems (CAHPS) survey.

As a member of Jai Medical Systems, it is important to complete the CAHPS survey. This is your opportunity to tell us how you feel about the benefits and services that you are receiving as a member of Jai Medical Systems.

We always strive for our members to rate us highly. If there is anything that you wish us to address regarding the benefits and services that you are receiving, please contact us today at 1-888-JAI-1999.

Preventative Care Reminders



January: Cervical Cancer Awareness

January is Cervical Cancer Awareness Month! A cervical cancer screening involves two tests: an HPV test and a Pap smear. Ask your primary care provider today about when to get a cervical cancer screening as they can recommend a schedule based on your age and medical history. To schedule an appointment, give us a call at **1-888-JAI-1999**.

February: American Heart Month

February is National American Heart Month, and the perfect time to think about your heart health. It is also the perfect time to ensure that you are doing everything to support a healthy heart, such as making smart choices related to your diet and exercising, as appropriate. We are here to help you maintain good heart health and want to make sure you are aware of a new benefit we are offering our members. Effective January 1, 2026, Jai Medical Systems now covers 90-day supplies of most medications for blood pressure and cholesterol control. Please ask your doctor today about how to get a 90-day supply of your blood pressure and cholesterol control medications. If you would like more information about heart health or need assistance with a 90-day supply of medication, please contact us today at **1-888-JAI-1999**.

March: Colorectal Cancer Awareness - Get Screened Today!

If you are 45 years of age or older, you should be screened for Colorectal Cancer. Did you know that your Primary Care Provider could send a test kit to your house for your screening and that you can earn a **Healthy Reward** for being screened? It's true! To learn more about your Colorectal Cancer Screening options, and if you qualify for an at-home test kit, please contact your Primary Care Provider today or our Customer Service Department at **1-888-JAI-1999**.



301 International Circle

Hunt Valley, MD 21030

Household Name

Household Address One

Household Address Two

City, State ZIP